

Nursing Education Alumni Association  
Teachers College, Columbia University  
Presents

**53rd Annual  
Isabel Maitland Stewart Conference On Research in Nursing**

# **NURSING EDUCATION AND RESEARCH: WELLNESS, WELLBEING AND AGING IN AMERICA**



**ANNUAL AWARDS CEREMONY AND NURSING HALL OF FAME INDUCTION**



**Friday, May 6, 2016  
Teachers College Columbia University  
525 West 120th Street  
New York, NY 10027**

Pre-Conference Registration Deadline: **April 29, 2016**  
Contact Hours applied for, see page 3.

# NURSING EDUCATION AND RESEARCH: WELLNESS, WELLBEING AND AGING IN AMERICA

## SCHEDULE

**8:00 am - 8:30 am** Registration, Grace Dodge Hall Room 179  
Coffee in Grace Dodge Hall Room 177

**8:30 am - 8:45 am**

### Welcome and Opening Remarks

**Robin Goodrich**, EdD, RN, Vice President, Nursing Education Alumni Association (NEAA), Teachers College Columbia University

**Kathleen O'Connell**, PhD, RN, FAAN, Isabel Maitland Stewart Professor of Nursing Education, Teachers College Columbia University

**Elaine L. Rigolosi**, EdD, JD, FAAN, Professor of Education and Program Coordinator, Executive Program for Nurses, Department of Organization and Leadership, Teachers College Columbia University



**8:45 am - 9:30 am**

### Keynote: Wellness, Wellbeing and Aging in America

**Mattia J. Gilmartin**, PhD, RN, Senior Research Scientist, New York University College of Nursing and Acting Executive Director, Nurses Improving Care for Healthsystem Elders (NICHE) Program, New York City, NY

**9:30 am - 10:15 am**

Coffee, Networking, and Poster Presentations  
Grace Dodge Hall Room 177



Usability of Health Website among Older Adults: Cognitive Age vs. Chronological Age. **Dr. Meriam Caboral-Stevens**, Oakland University, Rochester, MI



Relationship between Emotional Intelligence (EI) and Critical Thinking (CT) ability among Graduate Nursing Students. **Dr. Laila Sedhom**, **Dr. Maria Rosario-Sim**, SUNY Downstate Medical Center, Brooklyn, NY, and **Dr. Meriam Caboral-Stevens**, Oakland University, Rochester, MI



Implementing Cognitive Activities as One Modality to Decrease Delirium in the Aging Population Admitted to an Inpatient Unit at Mount Sinai Queens. **Dr. Kathleen Karsten**, LaGuardia Community College, Long Island City, NY

Diabetes in a Nutshell: A Clinical Nurse Specialists Education Project for Healthcare Professionals. **Carla Kostandy**, College of Staten Island, CUNY School of Health Sciences-Nursing, Staten Island, NY

Pre-Professional Interprofessional Education in an Urban Academic University Setting. **Dr. Diane Maydick**, Long Island University, Brooklyn, NY

Application of NICHE to Acute Medical Services. **Dr. Kim Mendez**, Health and Hospitals Corporation-Bellevue Hospital Center, New York City, NY

Exploring Electronic Health Literacy in an Older Hispanic Population. **Dr. Kathleen M. Nokes**, Hunter College School of Health Professions-Nursing, Center for Community and Urban Health, The Graduate Center-CUNY, New York City, NY

Factors Contributing to Hospital Acquired Hypoglycemia among Elder Adults with Type 2 Diabetes. **Dr. Nataliya Shaforost**, SUNY Downstate Medical Center, Brooklyn, NY

**10:15 am - 11:00 am**

### Replacing Myth Based Beliefs about Aging with Science Based Evidence

**Sheldon Ornstein**, EdD., RN, LHNA, Geriatric Consultant, Author, Lecturer, Wellness in Aging, Flushing, NY



**11:00 am - 11:45 am**

### Cognitive Aging

**Kelly Reilly**, MSN, RN-BC, CHSE, Director of Nursing Research and Evidence-Based Practice, Maimonides Medical Center, Brooklyn, NY



**Noon - 2:00 pm**

### Lunch and Awards

Presentation of the 2016 Nursing Education Alumni Association McManus Medal, Achievement Awards, and Hall of Fame Induction  
Grace Dodge Hall Cafeteria  
**Luncheon Sponsor: Teachers College Office of Alumni Relations**



**2:00 pm - 2:45 pm**

### Advancing Care Excellence for Seniors (ACES)

**Elaine Tagliareni**, EdD, RN, CNE, FAAN, Chief Programs Officer, National League for Nursing (NLN), Washington, D.C.



**2:45 pm - 3:45 pm**

### End-of-Life Decision Making

**Dawn Fairlie**, PhD, RN, ANP, GNP, FNP, Assistant Professor of Nursing, College of Staten Island-School of Health Sciences, Department of Nursing, Staten Island, NY



**3:45 pm - 4:30 pm**

### Patients Assessing Technology at Home (PATH)

**Aleksandra Zagorin**, DNP, MA, AGPCNP-BC, RN, Geriatric Nurse Practitioner, Maimonides Medical Center, Brooklyn, NY



**4:30 pm - 4:40 pm**

### Closing Remarks

**Robin Goodrich**, EdD, RN, Vice President, Nursing Education Alumni Association (NEAA), Teachers College Columbia University

**5:00 pm**

### Annual Membership Meeting,

### TC Nursing Education Alumni Association

Presiding: **Robin Goodrich**, NEAA Vice President

*Many thanks to the National Student Nurses' Association for their support.*



# 53RD ANNUAL ISABEL MAITLAND STEWART CONFERENCE ON RESEARCH IN NURSING

| Pre-registration (US currency) | Received by April 29 | On-Site |
|--------------------------------|----------------------|---------|
| NEAA members                   | \$175                | \$200   |
| General Admission              | \$200                | \$225   |
| Pre-licensure Students         | \$ 30                | \$ 30   |
| All other Students with ID     | \$ 60                | \$ 75   |
| Luncheon for guest             | \$ 50                | \$ 50   |

Use your credit card to register online at: <http://nsna.me/neaastewart2016>  
(Note to pay by credit card we prefer that you pay online)

Mail Checks, Purchase Orders and Registration Forms to NEAA c/o:  
**Julie Di Raimondo**, 3 Old Kings Highway, Greenwich, CT 06870

**Questions:**  
Contact: [June.Como@csi.cuny.edu](mailto:June.Como@csi.cuny.edu) or [maria.rosario-sim@downstate.edu](mailto:maria.rosario-sim@downstate.edu)

**Directions:**  
Please visit <http://www.tc.columbia.edu/> and click on *About Us*

Awards luncheon is included for all conference attendees.  
**Cancellation Policy:** cancellations in writing are required. A \$50 fee will be withheld to cover administrative costs. If registration fee is \$50 or under, there will be no refunds.

### Sponsor an undergraduate student

Please consider sponsoring a pre-licensure student to come to Teachers College to attend the conference for only \$30 per student. See registration form.

For more information, go to [www.tcneaa.org](http://www.tcneaa.org)

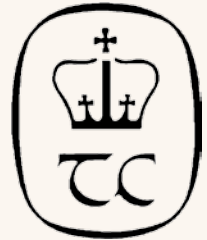
Contact Hours (5.8) have been applied for from The Mount Sinai Hospital, an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center Commission on Accreditation. Attendees must sign in, attend entire conference and submit evaluation form at end of program to receive certificate.



## 2016 STEWART CONFERENCE PRE-REGISTRATION FORM • DEADLINE: APRIL 29, 2015

**Attention TC Alumni! Not a Member? Save \$50 on your registration by joining NEAA. Stay connected to your colleagues.**

- Check here** to add NEAA membership dues to this registration.  
Total for pre-registration: \$225 (\$175 plus \$50 NEAA dues) = \$ \_\_\_\_\_  
Total for on-site registration: \$250 (\$200 plus \$50 NEAA dues) = \$ \_\_\_\_\_
- Check here** to sponsor a pre-licensure student (s): # of students \_\_\_\_\_ at \$30 each = \$ \_\_\_\_\_
- Please select student for me or provide name(s) of student(s): \_\_\_\_\_
- Check here** to add luncheon tickets: # of tickets \_\_\_\_\_ at \$50 each = \$ \_\_\_\_\_



**Are you:**

- NEAA Member (\$175)     New member (Dues and Fee) (\$225)     General Admission (\$200)
- Graduate Student (\$60)     Prelicensure Student (\$30)    **Total Enclosed:** \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Name \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (    ) \_\_\_\_\_ FAX (    ) \_\_\_\_\_

Credit Card Payment     Visa     Mastercard    **Please register online at [www.tcneaa.org](http://www.tcneaa.org)**

Card Number (write clearly): \_\_\_\_\_

Expiration Date \_\_\_\_\_ Name on Card \_\_\_\_\_

Zip code of cardholder \_\_\_\_\_ Total amount to be charged: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

**Make checks payable to NEAA and mail to: NEAA c/o Julie DiRaimondo, 3 Old Kings Highway, Old Greenwich, CT 06870**

**Teachers College Columbia University**  
**Nursing Education Alumni Association**  
**c/o Diane Mancino**  
**23-05 19th Street**  
**Astoria, NY 11105**

## **53RD ANNUAL** **ISABEL MAITLAND STEWART CONFERENCE ON RESEARCH IN NURSING**

### **About the Stewart Conference**

The Stewart Conference on Research in Nursing was established 53 years ago in honor of **Isabel Maitland Stewart** (1878-1963), Director of the Department of Nursing Education at Teachers College (TC) from 1925 to 1947. Prior to assuming this position, she served as the Assistant to the Director, M. Adelaide Nutting. Miss Stewart developed the first course dealing specifically with the teaching of nursing, a course that eventually was expanded to become an entire program for the preparation of teachers of nursing at TC. The Stewart Research Conference provides a forum for all nurses, including TC students, alumni and health care professionals to share their research with nursing's scholarly community and to learn about the latest trends and issues in healthcare.



### **About the NEAA Awards Luncheon**

All attendees are invited to come celebrate with us at the Stewart Conference Awards Luncheon, sponsored by Teachers College Office of Alumni Relations. The following awards will be presented: The R. Louise McManus Medal, **Sandy Lewenson**, EdD '89, MEd '87; Nursing Scholarship and Research Award, **Phyllis Hansell**, EdD '81, MEd '75; Nursing Education Award, **Rory McGovern**, EdD '95, MEd '85, MA '84; Nursing Service Award, **Maria Vezina**, EdD '89; Leadership in Professional and Allied Organizations Award, **Patrick Coonan**, EdD '95, MEd '89; Nursing Practice Award, **Ann Marie McDonald**, EdD '14; MA '08. All award winners are inducted into the NEAA Teachers College Nursing Hall of Fame.

